



## **The Leadership Initiative**

*(An Illinois 501(c)(3) - Not-for-Profit Corporation)*

### **WSM – Saturday, Mar. 11<sup>th</sup>, 2023 - Session Summary (The Art of Listening, Public Speaking, Debate...)**

When: Saturdays - 10:00 a.m. until 12:15 p.m.

Where: **Naperville North High School** or **Alive, Naperville Teen Center**

#### **The Art of Listening, Public Speaking & Debate – March 11<sup>th</sup> (Facilitator: Mr. Albert Demming)**

Saturday's session facilitated by Mr. Demming, focused on "**Debate Preparation...**". Highlighted were the importance of Effective Active Listening, Public Speaking, and Debate Preparation Practices.

- **Effective Active Listening**: Defined as a communication technique used in a variety of ways, including Daily Life, suggesting listeners repeat what they've received from the speaker, either by restating or paraphrasing what was heard in their own words. The definition was followed by examples and methods on how to demonstrate the practice.
- **Effective Public Speaking**: Highlighted five (5) Secrets to Speaking with Confidence: One's Stance; Sound; Smile; use of Silence/Pause/Timing; and Eye Contact. Also shared were ten (10) steps to reduce presentation anxiety. However, Mr. Demming emphasized recording & playing back your presentation, and critiquing yourself; presenting in front of a mirror, as well as family and friends who will offer constructive feedback. **Preparation** + **Practice** are **Keys to a Experiencing Successful Presentation Outcomes**.
- **Debate Preparation**: Mr. Demming shared the difference between a **Debate** and an **Argument**; the **five (5) Key Steps in a Debate**; the use of **Connecting Words**; **as well as ten (10) practices one should remember in preparation for a Debate competition**.

**Our Next Mentoring Session will be held:**

- **Saturday, March 18<sup>th</sup>, 10:00 a.m.**
- **Naperville North High School, Room 108 - 899 N. Mill St., Naperville 60563**

Topic: **"Anger Management, Conflict Resolution..."** – Facilitated by: **Mr. Robert Davis**

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**The Leadership Initiative** appreciates your **Tax Deductible Donation**. All Donations are applied to Youth Programming, Field Trips, and Scholarships for Mentees graduating from both TLI's Mentoring Program and High School, and who demonstrate intent to pursue post-secondary education. **Donations can be made by mailing a check to: The Leadership Initiative - 3440 Butler Walk, Naperville, IL 60564, or visiting our website at:**

- **<https://www.TheLeadershipInitiative2019.org>** and clicking the **Donate** button.

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Questions pertaining to the content of this summary may be forwarded to my attention.

Yours very truly,

*AD*

**Albert G. Demming, President**

**The Leadership Initiative**

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