



The Leadership Initiative

(An Illinois 501(c)(3) - Not-for-Profit Corporation)

WSM – Saturday, Sep 26, 2020 - Session Summary (Time Management)

When: Saturdays - 10:00 a.m. until 12:15 p.m., **Currently Virtual via Zoom** **

Where: **Naperville North High School** or **Alive, Naperville Teen Center** **

Time Management Presentation – September 26th (Facilitator: Mrs. Natalie Johnson, Ph.D.)

Dr. Natalie Johnson is the Founder and Manager of READit, LLC, a company focused on closing the Achievement Gap across the United States.

Saturday's presentation focused on the efficient use of **Time Management within an E-Learning Environment**. Dr. Johnson delivered a very engaging presentation on the topic. **Time Management**: A Process which allows one to divide their time between activities, Creates space to break larger tasks into smaller doable ones, Releases stress, and Leads to high achievement.

- Dr. Johnson had students respond to the question “*Why do you think Time Management is important in their respective learning environments?*”

Dr. Johnson identified three (3) components of E-Learning Engagement: Synchronous, Asynchronous, and Blended:

- A **Synchronous** learning environment is one where students are face-to-face with teachers and are active participants.
- An **Asynchronous** learning platform is remote which might require a collaborative effort with one's peers or fellow students.
- A **Blended** learning scenario incorporates both Synchronous & Asynchronous platforms

A question was posed to students: “*What does Engagement look like?*” **Answer**: *It looks like one is paying attention, and is fully invested in the learning experience.*

Dr. Johnson also placed emphasis on the following:

- **“Practice makes Perfect for Knowledge Acquisition”** *If one wants to be good at anything; they must continuously work at it.*
- **Successful Academic Outcomes require:** *An Academic Mindset; Perseverance; Behaviors (I.e., learning strategies and social skills); and Performance*
- **Five (5) Skills for Social Emotional Learning:** *1.) Self-Awareness, 2.) Self-Management, 3.) Social Awareness, 4.) Relationship Skills, 5.) Responsible Decision Making*
- **Five (5) Steps to be a Successful Student:** *1.) Be an Early-Bird, 2.) Set Goals, 3.) Work Hard to finish tasks ahead of time, 4.) Talk to your friends about work at hand, 5.) Share what you learn.*

Our Next Session will be held: **Saturday, Oct. 3rd, 10:00 a.m. - Virtual via Zoom****.

Topic: **“SMART Goals”** – Facilitated by: **Mr. Alwyn Francis.**

The Leadership Initiative truly appreciates your financial support. All Donations are Tax Deductible and are applied to TLI Youth Programming, Field Trips, and Scholarships. Donations can be made by visiting our website at: <https://www.TheLeadershipInitiative2019.org> and clicking the **Donate button.**

(Upon receipt of your donation, a letter of confirmation & appreciation will be forwarded to you.)

Questions pertaining to the content of this Summary may be forwarded to my attention.

Yours very truly,

Albert G. Demming, President

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